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REACH for mental health in the COVID19 Pandemic: An urgent call for public health action - European Journal of Psychotraumatology

Our submission is responsive to the urgent need for public mental health action prompted by the escalating COVID-19 pandemic. In it we review evidence calling for urgent public mental health action, propose a mental health equivalent of the World Health Organization's "Do the Five" concept, and describe the "REACH for Mental Health" public health intervention we have launched at the Harvard T.H. Chan School of Public Health. We describe this intervention to support the needed public health action necessary to avert a widespread mental health crisis as the full scope of the COVID-19 pandemic unfolds.

Keywords: trauma; public mental health; COVID-19